- Adolescents:
  - Pfizer/BioNTech: Blinded RCT, 2600 American 12–15-year-olds.<sup>6</sup>
    - Efficacy: ≥7 days post second dose:
      - COVID-19 cases: 0 versus 18 (placebo), 100% RRR.
      - Severe COVID-19: None.
    - Subjects enrolled prior to Delta variant.<sup>2</sup>
    - · Solicited adverse effects:
      - Localized pain: ~83% vaccine.
      - Fatigue: ~63% versus ~33% (placebo).
      - Headache: ~60% versus 31% (placebo).
  - Moderna: Blinded RCT, 3732 American 12–17-year-olds.<sup>7</sup>
    - Efficacy: ≥14 days post second dose:
      - COVID-19 cases: 0 versus 4 (placebo), 100% RRR.
      - Severe COVID-19: Not reported.
    - · Solicited adverse effects:
      - Localized pain, redness, swelling: >90%.
      - Fatigue: ~58% versus ~33% (placebo).
      - Headache: ~58% versus ~35% (placebo).

## CONTEXT

- National Advisory Committee on Immunization recommends 2 doses 8 weeks apart for children, adolescents, and adults.<sup>8-10</sup>
  - Risks of COVID-19 in children <19 years:
    - Hospitalization: 0.5%, (12% required ICU).<sup>11</sup>
      - ~80% of admissions are in healthy children.<sup>12</sup>
    - Children can get "long COVID", but likely lower rates than adults.<sup>13</sup>
- Myocarditis after mRNA vaccines:
  - Highest in boys 16-19 years: excess risk ~14 per 100,000 doses.
    - 75% occur after second dose.<sup>15</sup>
    - Females: ~10% male risk.<sup>15</sup>
  - Most cases are mild. 13,15
- Net Benefit: For 12–17-year-old males, for every million doses, vaccination may:
  - Prevent 215 COVID-19 hospitalizations, 71 ICU admissions, 2 deaths.
  - Cause ~65 cases of myocarditis.<sup>14</sup>